

Activity Description & Location
Mountain Bike Riding

USE RATING: A

Risk	Risk Factor	Likelihood	Consequences	Initial Level of Risk	Description of risk	Risk management strategy	Revised Level of Risk
Falling off bike	Participants falling off bike and/ or colliding with stationary object	Possible	Moderate	MEDIUM	1.Loss of control of bike in unfamiliar terrain. 2. Running into stationary object/ vegetation. 3.Falling off bike, foot slipping, crashing, clipping another bike tyre. 4. Loose clothing caught in wheel of bike.	<ol style="list-style-type: none"> 1. Bike familiarisation session. Clear demonstration of skills. 2. Key skills instruction session & practice. 3. Grouping skill level of riders. 4. Correct footwear. 5. Used well marked track 6. Helmets correctly adjusted and must be worn 7. Removal of loose clothing or tucked in. 8. First aide trained BCV staff or group leader to get to crash scene ASAP to manage scene/injuries. 	LOW
Exposure to elements, Heat stress & fatigue	Exposure to heat, rain, cold, storms, Over exertion	Possible	Moderate	MEDIUM	<ol style="list-style-type: none"> 1.Participants may suffer heatstroke or sunstroke in extreme heat. 2. Riding for long duration in heat of day. 3.Risk of hypothermia in cold conditions 4.Risk of slipping in wet conditions 	<ol style="list-style-type: none"> 1.Wear sun protection in hot weather – sun screen 2.Do not run activity in temperatures above 34°C 3.Do not conduct activity in storms to minimise risk 4.Participants should wear clothing appropriate to conditions 5.Do not conduct activity if deemed unsafe due to weather conditions 	LOW
Traffic	Crossing roads in town participants may come into contact with traffic	Possible	Critical	MEDIUM	1.Participants may come into contact with both moving and stationary cars or other bikes	<ol style="list-style-type: none"> 1.Activity leader plans route that will ensure minimal traffic interaction & should ensure participants are aware of road hazards prior to leaving campsite 2.Appropriate supervision by leaders should be maintained at all times. Students marshalled as they cross the road. 3.Leaders should have Hi-Vis on to ensure traffic can see the group 4. Two way radio and/or mobile phones for leaders at front & rear of group to communicate throughout ride and monitor crossing of roads. 	LOW
Participants getting lost	Participants may get lost if separated from the group	Unlikely	Major	MEDIUM	1.Participants may become lost if separated from the group whilst offsite	<ol style="list-style-type: none"> 1.Ensure 1:10 ratio at all times when riding. 2.Activity leader must be able to contact the back of the group at all times through phone or radio 	LOW



Activity Description & Location
Mountain Bike Riding

USE RATING: A

Baptist Ca
Victoria

						<p>3. When crossing major intersections care should be taken to ensure group is not too spaced out</p> <p>4. When navigating route leader stops at major junctions until last leader is in sight.</p>	
--	--	--	--	--	--	---	--

Use:

- A Must be operated by Baptist Camping Victoria qualified staff
- B In house training at Baptist Camping Victoria required before using this equipment
- C Safe operating procedures must be read and adhered to by all users of this equipment
- D Does not apply