

## Sample program for a Secondary College

3 day camp that can be adapted to a 5 day camp.

Monday	Tuesday	Wednesday
11.00 Arrival: intro & room allocation etc. Lunch Activities session 1.00pm. –3.00.pm. A: Surfing B: M'tain Bikes C: High Ropes D: Initiatives	Breakfast 8.00am	
	Activities session 10.00 – 12.00 A: High Ropes B: Initiatives C: Surfing D: M'tain Bikes	Pack bags, clean rooms All Groups Hike to Alcoa Open-cut Mine 10.00a.m. – 12.00
Lunch @12:30pm		
Activities session 3.30.pm. – 5.30.pm. A: Initiatives B: Surfing C: M'tain Bikes D: High Ropes	Activities session 2.00p.m. – 4.00p.m. A: M'tain Bikes B: High Ropes C: Initiatives D: Surfing	Departure after lunch
Dinner @ 6:00pm		
Eco-Logic Night Hike 7.30p.m. – 9.30p.m.	Koori Cultural Evening 7.30p.m. – 9.30p.m.	

